



## AT-A-GLANCE

# Prevention Fundamentals Online: A How-To Training for Substance Misuse Prevention Practitioners and Their Partners

### What is Prevention Fundamentals Online (PFO)?

- Foundational course of study in substance misuse prevention grounded in current research and SAMHSA's Strategic Prevention Framework
- Prepares practitioners to respond to current and emerging prevention challenges
- Reflects updates to the Substance Abuse Prevention Skills Training (2018), but with greater focus on community mobilization, communications, and health disparities
- For practitioners new to the substance misuse prevention field and/or working in related disciplines

### What makes PFO a unique, collaborative learning experience?

- 20 hours of coursework delivered entirely online
- Highly interactive
- Designed exclusively for a webinar platform—not adapted from an in-person training

### What does PFO prepare practitioners to do?

- Address substance misuse prevention in the context of behavioral health
- Improve practice by developing a comprehensive approach to prevention
- Reduce behavioral health disparities by identifying the needs of vulnerable populations and improving cultural competency and humility

### What does participation entail?

- Active participation in five 3-hour webinar sessions, including all group activities and discussions

### Are continuing education hours available?

- Participants who complete PFO receive a certificate for 20 hours of training.
- This training is endorsed by the International Certification and Reciprocity Consortium (IC&RC) for Prevention Specialist certification or re-certification.

Prevention Solutions@EDC provides training and expert consultation to support public health agencies and organizations working to prevent substance misuse and related behavioral health problems in their communities.



## CONTACT US

To schedule a **Prevention Fundamentals Online** training for your agency or organization:  
[Preventionsolutions.edc.org](https://Preventionsolutions.edc.org)

### What does PFO cover?

#### Day 1: Laying the Foundation

- Defining key substance misuse terms
- Guiding models and frameworks
- Understanding risk and protective factors

#### Day 2. Building the Prevention Frame

- Overview of the Strategic Prevention Framework (SPF)
- Using logic models to navigate the SPF
- Exploring SPF Step 1: Assessment
- Identifying, collecting, and analyzing data to identify substance misuse problems and populations most affected by them

#### Day 3: Gathering Resources and Building Readiness

- Exploring SPF Step 2: Capacity
- Building and maintaining strong partnerships with diverse community members and organizations
- Enhancing organizational structures
- Developing a communication plan
- Ensuring a culturally responsive prevention approach

#### Day 4: Developing and Implementing a Comprehensive Prevention Plan

- Exploring SPF Step 3: Planning
- Putting your assessment data to work: prioritizing factors, selecting strategies, and addressing disparities
- Exploring SPF Step 4: Implementation
- Maintaining fidelity and adapting strategies to better fit community needs

#### Day 5: Documenting Results and Sustaining Prevention Efforts

- Understanding the purpose and types of evaluation
- Using logic models to guide evaluation planning
- Understanding the relationship between sustainability and outcomes
- Sustainability considerations throughout the SPF