



Helping Schools Build Social and Emotional Learning Supports for All Students

A growing body of research shows that proactive support of students' social emotional development and mental health contributes to higher academic success; reduced risk behavior, including violence and substance misuse; and, in the long term, better college preparedness, positive relationships, higher rates of civic engagement, and career success.

Prevention Solutions@EDC works with schools to develop comprehensive social-emotional learning (SEL) approaches using Multi-Tier System of Supports:

- ✓ **Tier 1** focuses on in-classroom social-emotional instruction and related school-wide initiatives for all students.
- ✓ **Tier 2** provides small-group interventions for students needing additional supports to address social-emotional struggles such as acute or chronic stress, or difficulties developing meaningful relationships.
- ✓ **Tier 3** provides individualized clinical interventions to address the needs of students suffering from mental health challenges, including trauma.

Our multidisciplinary team of trainers, subject matter experts, and researchers help school build comprehensive systems of SEL programs.

Using a team approach, PS@EDC works with schools to:

- **Assess SEL and mental health needs** to inform priorities and strategy selection.
- **Select and align SEL programs, practices, and policies** that are the right fit for the school community.
- **Train school staff** on effective implementation of SEL strategies.
- **Select appropriate mental health screeners and protocols** to address identified mental health conditions.
- **Establish essential system supports**, including stakeholder buy-in, effective planning processes, and data-informed decision-making.
- **Monitor and evaluate program activities** to measure impact and ensure that activities are implemented as planned.

Prevention Solutions@EDC provides training and expert consultation to support education agencies and organizations working to prevent substance misuse and related behavioral health problems in their communities.



OUR SERVICES

Our demonstrated approach to systems development empowers school teams to move from siloes to synergy as they develop the knowledge and skills needed to develop and incorporate SEL supports in their classrooms, schools, and districts. Services include:

Customized Trainings

Interactive, hands-on learning opportunities equip staff and administrators with the knowledge and skills to address the unique prevention problems facing their students.

Tailored Consultations

Individual and group coaching sessions focus on application, helping staff develop prevention solutions that are effective, respectful, and sustainable.

Online Communities of Practice

Virtual learning communities build connections among educators and experts in SEL, mental health, youth development, and trauma-informed strategies.

RELATED EDC PROJECTS

SEL and Mental Health Academy: EDC is providing schools districts across Massachusetts with intensive professional development, including in-person trainings, customized consultations, virtual events, and user-friendly tools.

MetroWest Adolescent Health Survey: Administered biennially to middle and high school youth in 25 communities west of Boston, the survey collects self-reported data on high-priority health and risk behaviors, including substance use, bullying, mental health, violence, and sexual behavior.

Supporting Children Impacted by the Opioid Crisis:

This mixed-methods study explores approaches that school staff and district personnel use to support children exposed to trauma, including trauma related to substance misuse in the family.

Prevention Matters: This grant initiative from the Richard M. Fairbanks Foundation helps Marion County, Indiana, schools identify, implement, and sustain proven substance use prevention programs.

CONTACT US

To learn more about how Prevention Solutions@EDC can support social and emotional learning in your school or district, contact preventionsolutions@edc.org.



ABOUT EDC

Education Development Center (EDC) is a global nonprofit that advances lasting solutions to improve education, promote health, and expand economic opportunity. For nearly 20 years, EDC has been committed to strengthening substance misuse prevention efforts at the national, regional, state, and local levels and to building the nation's substance abuse prevention workforce.

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